



The Gulf View

April and May Meetings

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Remember . . .

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Scheduled vacations caused the GVE Board to have meetings two weeks apart. The April-May issue of The Gulf View includes reports from both meetings.

South County liaison, Deputy Sheriff Kathy Duff, addressed the April meeting at the invitation of the Board. She reported the last six months showed there had been 3 burglaries, 1 DUI arrest and 1 suspicious incident that did not involve entry into a home. Her primary advice to residents was to remain alert to one's surroundings and report any suspicious activity in the neighborhood to the Sheriff's office. You may always call **911 for Emergencies**, but the **Non-emergency line to the Sheriff's department is 316-1201**. This line can be used for reporting such concerns as suspicious persons or vehicles roaming the neighborhood or persistent solicitors. The Board ordered research into new signage regarding soliciting. It is forbidden in Gulf View Estates.

Reports show there are 12 homes in Foreclosure or Bankruptcy. Two owners were granted permission to go on payment plans for fees owed the Association. This is a new turn of events driven by the economical climate.

If you noticed that the fountains were not running recently, it was a result of very low levels of pond water. With the advent of rain showers, they are on once again. Drought conditions which

may occur during the summer will lead to temporary shutdown at any time.

The May 2nd Board meeting revisited issues from previous meetings, including reiterating the fact that their research shows that volunteers within our neighborhood are covered by the Association's insurance policy.

VP Mike Shlasko updates the GVE web site regularly. Take a look. You will find the Street Captains listed. The archives have been posted and you will even find "minutes" of the first meeting of the Gulf View Estates owners held November 4, 1983. The Board is gratified to see the positive improvements to properties throughout the neighborhood. Residents are taking steps to clean driveways, power wash houses, re-roof, trim and weed garden areas and generally spruce up their properties. It has a very noticeable impact on the general appearance of GVE.

Keep up the great work!



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Thought for the Day

“Among those whom I like or admire, I can find no common denominator. But among those whom I love, I can: All of them make me laugh.”

~~ W. H. Auden

2011 Board of Directors

President	Nanette Vuolo	244-2441
Vice-President	Michael Shlasko	493-3504
Treasurer	Charles (Dale) Conant	497-5965
Secretary	Linda Sussman	408-9486
Directors	Edmund Kowalski	493-5584
	Beth Lamprecht	813-728-8942
	Richard Vohsberg	587-8942
Architectural Review	Rick Delco	493-5266
Nominating	Dolly Lewis	493-2208
Security Patrol	Tina Glover	445-5636
Social Committee	Ruth Cress	493-0660
Street Capt. Coord.	Bill Osborn	496-7505
Welcome Committee	Sandy Tustin	492-4734

Letter to the Editor

How’s Your Lifestyle?

By Bill Osborn

GVE has thankfully become a much more balanced development with younger families and children than when we first came here. I guess the older retirees still predominate, so I thought this information might be of interest even to younger folk who may be care-takers.

I read an article recently where the researchers came to the conclusion that Alzheimer’s is primarily a “Lifestyle Disease”. They go on to say, *“A myth exists that if the Alzheimer’s gene is in your family, you’re going to get it, but that only effects one percent of cases. What matters most is how you superimpose your lifestyle on top of your genetic background.”*

These findings do not suggest what we usually think of as a “disease” like cancer or blocked arteries that can be helped through medical treatment. Instead they suggest that how we think, our attitude toward ourselves and our life, and how we handle the losses that go with aging, determine how our brains function. In other words, we can have much more control over how we age than we may have thought.

So what do we mean by “lifestyle”? I believe it might include the following:

- The presence of ongoing relations with others; not just friendly relations, but the deeply felt support and understanding of loving relationships as well.
- A sense of purpose and meaning in one’s life or “going beyond one’s self”.
- Caring for one’s body with regular exercise, healthful food, rest and moderate use of stimulants.

These were some of my thoughts as I read about these findings. I think all the ingredients of a healthy lifestyle can be found here in Gulf View Estates. Aren’t we lucky?



Bits and Pieces

The GVE Board of Directors is on hiatus for the summer months. If reason for a meeting arises, the notice will be posted on the Bulletin Board and on the sign at the exit. Regular monthly meetings will resume in September. Board members who are in residence for the summer may be reached at the numbers listed on Page 2.

Calendar of Events

The April Dinner was enjoyed at Prime Time in Placida. Everyone agreed the food was good and the service efficient. Thank you Ceci Kuelzo for a job well done.

The May Ladies Lunch was held May 3 at LePetit Jardin on east Venice Avenue.

May 24

Community Dinner Night Out will be on Thursday, May 24 at *Hibachi* (formerly Marco Polo) in Bird Bay Plaza. Please contact Ann Vohsberg at 587-8942 for reservations.

June 7

The Ladies Luncheon is arranged for Thursday, June 7 at the *Café Venice*, 116 W. Venice Avenue at noon. Please call Ruth Cress at 493-0660 for reservations.

June 28

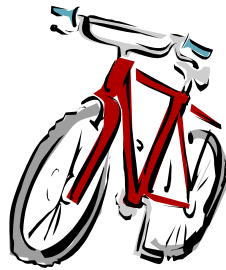
The Community Dinner Night Out is planned for Thursday, June 28 at

Stefano's Family Restaurant, 401 Indiana Avenue South in Englewood at 6:00 PM. Ruth Cress is taking reservations at 493-0660.

Ruth continues to search out volunteers to schedule these community activities. All you have to do is take one month; contact the restaurant of your choice; take reservations from your neighbors and notify the restaurant to expect a certain number of diners. Ruth is experiencing a family situation which requires a great deal of her time. If more volunteers do not come forward, these popular outings may not continue.

Bike Rescued from Pond

A girl's Mon-goose bicycle was removed from the retention pond near the front entrance to GVE. If you recognize the picture on Page 4, please contact a member of the Gulf View Estates Board of Directors.



Hurricane Season

The weather gurus are forecasting a somewhat mild hurricane season for the summer of 2012, but it's always wise to be prepared.

Director Rick Vohsberg suggests you visit the site and read The Disaster Preparedness Guide online at

<http://elderaffairs.state.fl.us/doea/pubs/EU/disasterguide.pdf>

Street Captains

The list of Street Captains and their assigned delivery areas is posted on the GVE web site. The coordinator is Bill Osborn at 496-7505 if you need information.



On the Run Again

It's that time of year when some of our part-time residents are lured away from the warm sunny days of the suncoast lifestyle. In my case, it's not the weather, but children and grandchildren. So your editor is leaving town again expecting to

return in September. I wish you all a very healthy and happy summer.



Current Watering Restrictions

- Even addresses (house numbers ending with 0, 2, 4, 6 or 8) may water only on Tuesday.
- Odd addresses (house numbers ending with 1, 3, 5, 7 or 9) may water only Thursday.
- Common areas with no address, such as median or roadside plantings, clubhouse or recreation areas may be irrigated only on Tuesday.
- Property under 2 acres can water before 8 a.m. and after 6 p.m.
- Property over 2 acres can water before 10 a.m. and after 4 p.m.
- The maximum amount of water applied is limited to three-quarters of an inch in each irrigation zone, once, on each allowable watering day.

Exceptions to Water Restrictions

Flower beds, vegetable gardens and other non-lawn areas may be irrigated as needed using a hand-watering device with a shut-off nozzle. These areas may also be watered using micro-irrigation and other forms of horticulture appropriate, low-volume irrigation, on any day of the week.

Newly planted lawn and landscape areas may be watered any day of the week for a 60-day establishment period that begins the day that the plant material is installed. New plantings must be 50 percent of planted area. No irrigation is permitted between 8 a.m. and 6 p.m.

Car washing is limited to once per week; however, fundraiser events are allowed.

A girl’s Mongoose bicycle pictured below was found in one of the retention ponds near the front entrance. If this is your bicycle please contact a member of the Board.



Lost and Found

Suggestions or concerns are to be submitted in writing, signed and placed in the community mailbox at the corner of Pierce Drive and Madison Road. They are collected once a week by our Property Manager.

Emergency Concerns should be called in to Jim Kraut at 408-8293.